# WEEKLY MEALS

WEEK OF:

SUNDAY

MONDAY

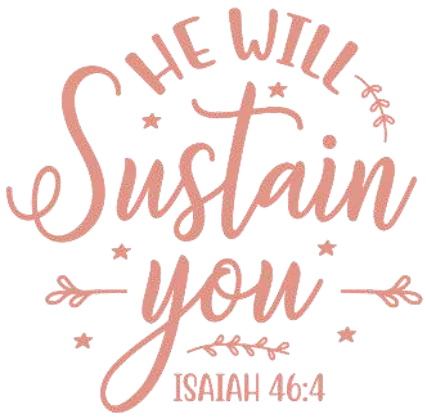
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SNACK IDEAS

SHOPPING LIST