

# PRAYING PSALM 91

**He who dwells in the secret place of the Most High will rest in the shadow of the Almighty.**

*Thank You that You are the Lord Most High, that You are the Almighty, and that You offer me a place of rest in You. I come to You my Lord and lay myself, my cares, my fears and my worries, at Your feet. Meet with me in Your safe and sheltered place, and give me Your promised peace and rest.*

**I will say of Yahweh, “He is my refuge and my fortress; my God, in whom I trust.”**

*Thank You Lord that You are my refuge and that You offer me protection like that of a mighty fortress. Thank You that I am Your child and that I can trust in You and feel safe and secure in that trust.*

**For he will deliver you from the snare of the fowler, and from the deadly pestilence.**

*Thank You Lord that whatever I am going through right now I know that You are my deliverer and that You will bring me through this.*

**He will cover you with his feathers. Under his wings you will take refuge. His faithfulness is your shield and rampart.**

*Cover me Lord with Your protection, just as a mother bird protects her chicks, so Lord I seek refuge in You. Thank You for Your faithfulness to me. I ask You Lord to shield me and protect me from anything that would come against me and seek to bring me harm or danger.*

**You shall not be afraid of the terror by night, nor of the arrow that flies by day, nor of the pestilence that walks in darkness, nor of the destruction that wastes at noonday.**

*Help me Lord not to be afraid. I give my fears to You and I thank You that I don't need to be afraid because You have promised to be with me always.*

**A thousand may fall at your side, and ten thousand at your right hand; but it will not come near you. You will only look with your eyes, and see the recompense of the wicked.**

*Help me Lord to keep my eyes fixed on you and not on the circumstances around me, help me to trust in You, no matter what others are saying or doing.*

# PRAYING PSALM 91

**Because you have made Yahweh your refuge, and the Most High your dwelling place, no evil shall happen to you, neither shall any plague come near your dwelling.**

*Lord, protect me from evil and its influences. Thank You Lord that nothing can touch me that You have not allowed. Be my shield and defence against the enemy I pray.*

**For he will put his angels in charge of you, to guard you in all your ways. They will bear you up in their hands, so that you won't dash your foot against a stone. You will tread on the lion and cobra. You will trample the young lion and the serpent underfoot.**

*Thank You Lord for your angels, thank You that they do Your Will. I ask that You would assign Your angels to me to guard and protect me throughout my day and my night.*

**Because he has set his love on me, therefore I will deliver him. I will set him on high, because he has known my name.**

*Thank You Lord for Your unconditional and never-ending love for me. Thank You that You know me intimately and personally and You call me by my name. Your love for me is amazing!*

**He will call on me, and I will answer him. I will be with him in trouble. I will deliver him, and honor him.**

*Thank You Lord that You promise to be with me in trouble, and that You promise to deliver me. Thank You that You promise to answer me when I call on You. I call on You now Lord, and ask for your strength, Your protection, Your deliverance, and Your peace that passes all understanding (Philippians 4:7).*

**I will satisfy him with long life, and show him my salvation.”**

*Thank You Lord for Your gift of salvation to me. Thank You that I am Your child, and You are my Heavenly Father. Thank You that You promise to bless me and to provide for me and to protect me.*

